

#BRAVEMINDS

We care for the whole child; it is our #IHPromise.

Part of our work as a learning community to develop #BRAVEMINDS is through equipping our families with a robust offering of Brain Health programs and resources to foster mental wellness.

THIS SCHOOL YEAR...

8

PARTNERSHIPS RELATED TO MENTAL WELLNESS

88%

OF STUDENTS IN GRADES 3-12 REPORT HAVING SUPPORTIVE RELATIONSHIPS

625

STUDENTS PARTICIPATED IN MENTAL WELLNESS PREVENTION AND INTERVENTION SERVICES

LEARN MORE ABOUT OUR PARTNERSHIPS:



MindPeace: The mission of MindPeace is to ensure that there is a seamless system of mental health care for children and adolescents that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable. A focus is the improvement and expansion of school based mental health services.



1N5: The mission of 1N5 is to prevent suicide by erasing the stigma of mental illness and promoting optimal mental wellness.



Cincinnati Children's Hospital School-Based Therapy: Indian Hill has 3 full time therapists, as well as 1 Nurse Practitioner to support medication management, on site. This partnership exists to provide outpatient services in the school setting. Financial assistance is available through grant funding.



Sources of Strength Student Group: Sources of Strength is a strength-based, upstream suicide prevention program with shown effectiveness in both preventative upstream and intervention outcomes. It is a group of high school students supported by adult mentors who lead the building in campaigns to increase the protective factors for mental wellness such as belonging, generosity, and family support.



Signs of Suicide Education and Screening Program: Currently implemented in 8th, 11th, and 12th grade, this program educates students about the signs that a friend or family member might be considering suicide and the steps they should take to prevent suicide. If students are identified as at-risk for harming themselves, immediate action is taken by the counseling team to connect with the student and their family to provide support.



BRAVE Character Education: Boldly Respect and Value Everyone is a character education program designed by Indian Hill EVSD stakeholders including students, parents, community members, teachers, administrators, counselors and support staff. It is a K-12 curriculum designed and delivered by Indian Hill staff during class meetings or advisory bells.



BRAVE Rooms: When students become overwhelmed in the classroom they are able to go to the BRAVE Room where they can access a quiet environment that includes variety of evidence-based materials and strategies to utilize for calming.

BRAVE Bins: In order to meet student needs within the classroom, each classroom at the Primary and Elementary Schools has a BRAVE Bin that includes materials that students can self-select to aid them in calming.



SCAN THE QR CODE WITH YOUR SMARTPHONE CAMERA TO LEARN MORE

Indian Hill Board of Education (L to R):

Bear Tullis, Board Member; Craig Sumerel, Board President; Niki Singh, Board Vice President; Nancy Aichholz, Board Member; Nolan Marx, Board Member



Indian Hill Exempted Village School District


6855 Drake Road, Cincinnati, OH 45243
(513) 272-4500

- [facebook.com/indianhillschools](https://www.facebook.com/indianhillschools)
- [@ihschools](https://twitter.com/ihschools)
- [Indianhillschools](https://www.instagram.com/Indianhillschools)

[indianhillschools.org](https://www.indianhillschools.org)

The Indian Hill Exempted Village School District serves students in the Village of Indian Hill, Kenwood, parts of Sycamore and Symmes Township, Camp Dennison and a small portion of Loveland.

Non-Profit Org.
U.S. Postage
PAID
Cincinnati, OH
Permit No. 197



A BRAVE Room nationally recognized for our younger learners to emotionally recharge!



An inclusive silent disco for our middle grades!



Unified Physical Education at Indian Hill High School!



Coffee & Connections taking learning outside the classroom!



Unified Athletics for our student-athletes!

#BRAVEMINDS
LEARNERS AS THE WHOLE CHILD IN ACTION!